Homework

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| **Week** | **Reflections** | **Focus Question** |
| **1** | Describe your experiences in Galileo this week. How do you feel at the end of Week 1?  What expectations did you have coming into the program? Have these met? Why or why not?  Include some discussion of the activities you participated in during the week (eg: trails, classes, lectures, working with students from another class). What did you learn? What did enjoy, dislike or find challenging? Why? | 1. Complete the "About Me" page on your blog. 2. Upload your learning goals for the term.    1. Read through this list of Skills, Knowledge and Personal Qualities    2. Choose 3 from each list that you would like to learn or improve on this term.    3. List them on your blog and explain why you have chosen each one. We will revisit these goals throughout the term. 3. Choose one of the three core Galileo questions and answer it regarding the community you visited on Wednesday (Fitzroy, Docklands or Brunswick). For example:    1. What are the major things about your suburb that make it liveable?    2. What are the major things about your suburb that make it sustainable?    3. What evidence did you see of people being good citizens? or: what things did you see that encouraged people to be good citizens? |
| 2 | Upload the graph of your multiple intelligence profile. Do you think it reflects how you think/learn? Why/Why not?  When reflecting on the activities this week, try and explain which learning style was emphasised and why (kinesthetic, logical, linguistic, interpersonal, intrapersonal, visual, musical or naturalistic).  Be sure to discuss your first experience at community service too. \* What were your preconceptions beforehand and were they met?   1. What were your first impressions of the school, your teacher and the kids? 2. Did you make any special requests about what you'll be doing? Why / why not? | Was Mebourne more or less livable in the past compared to now?  From the trials or your observations this week discuss and explain any positive or negative factors that have impacted on the livability of Melbourne over time. |
| **3** | **RECAP** on your week  (What were the highlights and lowlights?)  **REFLECT** on your experiences  (What did you learn or find surprising about the Justice system? What have you noticed about your relationships with the other Galileo students? How are you finding Community Service? What was your most challenging experience this week?)  Give **REASONS** for all of your opinions. | Complete and upload your iPod Tour script. |
| **4** | **RECAP** on your week  (What were the highlights? Lowlights? Challenges? Outline and talk about what you learnt on the trails, in classes or at community service).  **REFLECT** on your experiences  (Choose one meal you ate at home this week and discuss it in regards to a food ethic you learnt about this week (nutrition, factory farming or sustainability). Have any of your experiences this week, changed the way you think about your health. How cooperative was your cooking team? What did you like or dislike about this activity? Can you give a mid term report about your team project team?)  Give **REASONS** for all of your opinions. | To what extent is health a personal responsibility? What can the community do to promote health? |
| **5** | Write a reflective blog about the week, with a particular focus on camp. | n/a |
| **6** | Recap and Reflect on the week. Give reasons to support your points of view.   1. What did you learn about your own ecological footprint? (Upload your results). How many Earths would we need if everyone had your lifestyle? What did you decide to change about your lifestyle? Why? 2. After a week's break from Community Service, reflect on your progress so far this term. Is there anything you would like to improve on or aim to achieve at the school before the end of term? Why? | What is Melbourne doing to become Environmentally Sustainable? Is it enough? Use evidence that you collect or observe on trails and in class this week, to support your point of view. |
| **7** | It's been a big week. Team Projects moved through another key stage with the Options Trail. We also did a mini-focus on suburbia, as well as watching governments being made in a once-in-70 sort of way.  As well as the usual highlights and lowlights recap, have a closer look at what have you learnt, about your team, your city and anything in the world beyond? How were your perceptions of life in Frankston or Lilydale confirmed or challenged on the trail? Also reflect on what goals you still have to achieve? | Choose one site/set of surveys/ interview/ questions from the Options Trail (each member of the team must choose a different aspect).  Collate and upload the data you collected (eg: photos, surveys into tables or graphs, video, interview notes etc) and write a summary of your findings.   1. Answer your research questions using this evidence and reflect on your findings. 2. How well did the evidence you collect help to answer your question/s? 3. Are there any issues with the data you have collected? 4. Is there any further research or analysis that needs to be completed? |
| **8** | As well as your review of the week, include a critical reflection about your own religious beliefs and whether they have changed or developed as a result of anything you've seen, heard or discussed this week. Also include a photo of your favourite gravestone from Tuesday's cemetary trail. | Choose **1** of the following two questions to complete:  1. List 3 religions you looked at this week, be it in Monday afternoon's class, Tuesday's trail or Wednesday's trail.  i) Describe 1 thing about each religion not shared by the other 2 which makes it different. ii) Identify 2 common beliefs and/or practices shared by all 3 religions.  OR  2. In light of everyting you've learnt this week, do you think people of different religions are able to live peacefully together?  Note: We don't want a rant. Make sure all your claims are backed up with some analysis that relates to something you saw, heard or discussed during the week. |
| **9** | Final Blog!   * Historical Podcast-Tour: What was it like following your classmates' tours? What did you think of this activity as a way to learn (and teach others) about Melbourne? * Action Project report: What did you do well? How did you feel afterwards? What have you learnt through this experience? * Community Service: How did you feel saying goodbye for the last time? Look back at your first blog about Community Service. Have any of your views changed? What do you think the point of this experience was? * Galileo wrap-up: Reflect on your memorable experiences, highlights, lowlights, challenges and achievements this term | n/a |
| **10** |  |  |

Week 1

**YOUR BLOG**

Use your username and password to log in to your Globalstudent.org Dashboard [here.](http://globalstudent.org.au/wp-login.php/) Get started with your blog!

1. Go to *Settings>General*
   1. Change your blog title and tagline
   2. Enter your email address - you will receive notifications whenever anyone posts a comment on your blog.
2. Go to *Appearance>Themes*
   1. Choose a visual theme for your blog.
3. Go to *Pages>Edit*
   1. Edit the "About" page by clicking "edit" underneath the page title.
   2. Copy and paste the text below into the editing window and fill out the answers.

**Here are some other options for personalising your blog, here are some suggestions:**

1. Go to *Plugins*
   1. View the available plugins and activate any you wish to use
   2. "Widget Pack" makes available lots of great widgets to add to your blog (highly recommended)
2. Add widgets
   1. Add widgets to your blog page

"ClustrMaps" puts a world map on your blog showing the location of visitors to your blog. (Highly recommended)

Week 3

**Health Week!**

**Read about the trails before choosing one you'd like to go on, on Wednesday.**

**Disability & Special Needs:**

On this trail we will gain an insight into the lives of some of our societies most physically challenged people - those afflicted with Muscular Dystrophy. We will visit the Muscular Dystrophy headquarters and head out to see how these inspirational people go about overcoming massive hurdles to partake in their weekly sport and recreation. We'll also help out where appropriate. We'll discover . . . mmm . . . let's not pre-empt that.

P.S. You must **Bring Your Own** packed lunch. Also please wear shoes that will not damage a basketball court.

**Mind and Body Trail:**

On this trail we will visit the Melbourne Museum to begin our investigation into the human mind and body. We will consider each in relation to health as well as our understanding of self. In the afternoon we will put our bodies on the line at the North Melbourne Recreation Centre, where we will complete a circuit and consider the health benefits (both physical and mental) of regular exercise. YOU WILL NEED TO COME IN SPORTS WORK OUT CLOTHES AND RUNNERS FOR THIS TRAIL.

**Youth and Mental Health Trail:**

It's all in the mind, or is it? Today we will explore important issues which affect young people (you!) and your mental health: the relationship between physical and mental health, labelling and stigma, art therapy and mental illness, and the practice of counseling psychologists. We will visit the Cunningham Dax Gallery where we will explore the exhibition [Youth Interrupted](http://www.daxcollection.org.au/exhibitions.html). This is a collection of artworks by youth who have experienced trauma or mental illness. We will also speak to a working psychologist, Sarah Axeford, about her work as a counsellor in prisons, hospitals and other settings.

Explore the fact sheets and young people's stories on the [ReachOut](http://au.reachout.com/find) website.

Other mental illness facts about Australia can be found here:

Week 9

**Wednesday Trails**

**City meets the Sea**

How does the urban landscape impact on a coastal environment? What are some ways people are making the urban environment more friendly to those who appreciate the natural world?

We'll visit VegOut Community Gardens in St Kilda for a detailed look at urban environmentalism in action. We'll also have a detailed look at the environment where the city meets the sea. We'll also get a look at the even bigger picture - our planets fragile place in the bigger beyond.

**Dress for wet weather!**

**Wasteland**

What is the ugly truth that lies behind Melbourne's fresh, clean image? How does Melbourne handle the tonnes of waste that are produced every day? and how will Melbourne cope with the wastes of an increasing population? Without good waste-management strategies, we would all be living knee-deep in rubbish and filth. We will look at the big and small things happening in Melbourne to produce less waste, and process our waste better - including a visit to the ReThink centre in Heidelberg.

[**Climate Change**](http://teamgalileo.wikispaces.com/Climate+Change)**, Melbourne City and the Botanic Gardens**

What is climate change and how is Victoria responding to this global issue? Learn about inventive government and community responses as well as what you can do individually, in a positive sense. Throughout the day we will visit some interesting buildings and spaces within the Melbourne CBD before going to the Botanic Gardens to explore and learn about some amazing plants and solutions. **Dress for wet weather!**